

KEEP A LOOKOUT FOR THE USUAL SYMPTOMS



CUSHING'S SYNDROME OWNER LOGBOOK

Now your dog has been diagnosed, it's essential you continue to gather evidence for your vet. Whether it's Leaky Larry's urination or Lazy Lynn's lethargy, the more your vet knows the better. This logbook will help keep your dog happier and healthier.

Owner logbook

This logbook provides a simple and easy way to record how your dog is progressing with Vetoryl treatment. Through effective treatment, it is possible to improve your dog's quality-of-life, restore their health and reduce the risk of your dog developing other conditions.

**Over time, you can expect to see improvements
in your dog's clinical signs of Cushing's.**

It is important to keep track of these changes to help your vet assess your dog's response to treatment. There are four main clinical signs to monitor:

Drinking and urination

- Cushing's commonly makes dogs drink more water and urinate more

Appetite

- The excess steroids produced by Cushing's syndrome make dogs really hungry

Appearance

- Hair: Some dogs with Cushing's will lose their hair or it will become dry and brittle
- Skin: Cushing's dogs often have dry and flaky skin that might appear thin and tight
- Pot belly: Your dog may look to have a rounded appearance around their waist

Attitude / activity

- Cushing's can cause weakness and lethargy. After starting treatment, your dog will start to become more themselves again and back to doing what they enjoy

How can I help my vet?

It is very important for your vet to have a clear picture of how your dog has been doing on their medication, whether they still have signs of Cushing's and that they are improving as should be expected. At each monitoring check-up, your vet is tailoring your dog's medication and ensuring they are having the right dose to manage their symptoms.

Also your vet needs to make sure your dog is not showing any signs of being unwell when on their medication.

If your dog develops any signs of illness while on Vetoryl including lethargy, vomiting, diarrhoea and loss of appetite, stop treatment immediately and contact your veterinary surgeon as soon as possible.

To help you monitor your dog's progress, please complete the Cushing's Clinical Score regularly and before every recheck consultation with your vet. A way to track this score is provided on pages 6–13 of this logbook.

Quality-of-life assessment

Periodically your vet may also ask you to complete a quality-of-life questionnaire, that focusses more on the impact of the disease on you and your dog.

Questions revolve around the areas of your dog's thirst and hunger, urination, weight, mood, energy, play, coat condition, skin condition, mobility, daily routine and the bond with yourself.

Quality-of-life questionnaires are included at the rear of this logbook to be completed every three months. This will help you provide the information to your vet.





My dog's details

Dog's name: _____

Breed: _____ Date of birth: _____

My dog's food: _____

Sex: male / female Neutered: yes / no

My vet's name: _____

My vet's practice name: _____ Tel: _____

My vet appointments:

| Date | Time | Reason for appointment | Action points from my visit (e.g. dose change, change in dose frequency etc.) |
|------|------|------------------------|---|
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Cushing's Clinical Score

These are the important clinical signs to monitor in a dog with Cushing's syndrome.

This logbook will help you keep a track record of your dog's Cushing's Clinical Score.

It is important that you provide your vet with the following information each time you visit:



Drinking and urination

- 0 = Drinks and urinates a normal amount
- 1 = Possibly drinks and urinates more than is normal
- 2 = Noticeably drinks and urinates more than is normal
- 3 = Constantly drinks and urinates



Appetite

- 0 = Eats a normal amount
- 1 = Finishes food more eagerly
- 2 = Finishes food more eagerly then begs for more
- 3 = More obsessed with food than ever



Appearance

- 0 = Appearance is normal
- 1 = Slightly poor hair and skin quality
- 2 = Poor hair and skin quality and/or a slight pot belly
- 3 = Substantial hair loss and/or a noticeable pot belly



Attitude/Activity

- 0 = Activity and attitude is the same as normal
- 1 = Not quite themselves
- 2 = Not themselves and/or panting at rest
- 3 = Not at all themselves, weak and/or constantly panting

More information on the Cushing's Clinical Score is available at
www.suspecting-cushings.co.uk/monitoring

Cushing's Clinical Score Report

| Date | Vetoryl Dose | Times Daily | Cushing's Clinical Score | | | | Other signs (e.g., vomiting, diarrhoea, off food) |
|------|--------------|-------------|--------------------------|----------|------------|-----------------------|--|
| | | | Drinking/ Urination | Appetite | Appearance | Attitude/ Activity | |
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Top Tip: Always give Vetoryl with food to ensure it works as effectively as possible.

Cushing's Clinical Score Report

| Date | Vetoryl Dose | Times Daily | Cushing's Clinical Score | | | | Other signs (e.g., vomiting, diarrhoea, off food) |
|------|--------------|-------------|--------------------------|----------|------------|-----------------------|--|
| | | | Drinking/ Urination | Appetite | Appearance | Attitude/ Activity | |
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Did you know? You shouldn't split Vetoryl capsules.

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|------|--------------|-------------|--------------------------|----------|------------|-----------------------|--|
| | | | Drinking/ Urination | Appetite | Appearance | Attitude/ Activity | |
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Top Tip: Make a note of the **TIME** of day your dog's symptoms are at their worst. Does your dog urinate more at night than during the day? Discuss this with your vet.

Cushing's Clinical Score Report

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|------|--------------|-------------|--------------------------|----------|------------|-----------------------|--|
| | | | Drinking/ Urination | Appetite | Appearance | Attitude/ Activity | |
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Did you know? There are a number of serious conditions that can occur as a result of Cushing's such as diabetes, pancreatitis and high blood pressure. Therefore it is important for your vet to see you and your dog for regular check-ups.

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|------|--------------|-------------|--------------------------|----------|------------|-----------------------|--|
| | | | Drinking/ Urination | Appetite | Appearance | Attitude/ Activity | |
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Your vet may suggest nutritional support, such as a special endocrine diet. You can view information on the endocrine support diet here:

www.Specific-Diets.co.uk/Dog/Endocrine-Support

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Did you know? Vetoryl is the only licensed drug for the management of Cushing's in dogs.

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Top Tip: If your dog shows any signs of illness whilst receiving Vetoryl, such as vomiting, diarrhoea, lethargy or going off their food, stop treatment and call your vet.

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Did you know? You should not handle Vetoryl if you are pregnant or trying to get pregnant.

Cushing's Quality of Life Questionnaire

| | Never | Occasionally | Often | All the time |
|---|----------|--------------|----------|--------------------|
| CLINICAL IMPACT | 0 | 1 | 2 | 3 |
| My dog is excessively thirsty | | | | |
| My dog urinates in the house | | | | |
| My dog is excessively hungry | | | | |
| My dog pants excessively | | | | |
| DOG'S DEMEANOUR | 0 | 1 | 2 | 3 |
| My dog is depressed and quiet | | | | |
| My dog has no energy | | | | |
| My dog doesn't want to interact with other people/dogs | | | | |
| My dog is reluctant to play with me | | | | |
| My dog seems disorientated/confused | | | | |
| PHYSICAL IMPACT | 0 | 1 | 2 | 3 |
| I struggle with my dog's weight | | | | |
| My dog's hair coat is in a poor condition | | | | |
| My dog appears to be in a poor physical condition (e.g., muscle loss/pot bellied) | | | | |
| My dog's skin appears to be uncomfortable (e.g., dry/tight) | | | | |
| My dog struggles to walk very far | | | | |
| OWNER IMPACT | 0 | 1 | 2 | 3 |
| I worry about the future health of my dog | | | | |
| Mine and my dog's daily routine is disrupted | | | | |
| I feel I am struggling to manage my dog's health | | | | |
| I feel the bond between me and my dog is lacking | | | | |
| I feel my dog's appearance attracts negative comments | | | | |
| DATE | | | | TOTAL SCORE |

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For more information about Cushing's syndrome, visit:
www.suspecting-cushings.co.uk



VETORYL: Vetoryl contains trilostane

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www.suspecting-cushings.co.uk

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The logo for Dechra Veterinary Products, featuring a stylized blue 'D' shape above the word 'Dechra' in a bold, blue, sans-serif font, with 'Veterinary Products' in a smaller, blue, sans-serif font below it.

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Veterinary Products